

**Registration for D Y E N retreat, Sedona July 21-24**

Thursday 5 – 7 pm registration, teachings begin at 7 pm  
Friday 9 am - approx. midnight, with a 2 hour dinner break  
Saturday 9 am - approx. midnight, with a 2 hour dinner break  
Sunday 9 am - 5 pm

**Lodging, Land & Food:** To see the **Grace Grove Lodging** and to get an idea about their extraordinary **food**, please see: **www.gracegrove.com**. While *we will not be doing their cleanse program*, we will be eating healthy, organic vegetarian food during our retreat.

**Cancellation Policy.** If for any reason we need to cancel this retreat, you will receive a full refund. Thirty days prior to the retreat you will receive a full refund (minus \$100 for administration costs.) Fifteen days prior to the retreat there is no refund.

**Cost: ALL MEALS & LODGING INCLUDED**

*Register Now for Your Early Registration Discount*

- \$1595 Per Couple Private Room -- (Deposit \$695)
- \$1495 Per Couple Tent Cabin -- (Deposit \$695)
- \$855 Single Registration\* -- (Deposit \$395)

**Please print.** Name .....

Address .....

..... City.....

State ..... Zip ..... Phone .....

Email.....  MC  Visa  Check  Money order

Card No. ....

Expiration date..... Print name .....

3 #security code ..... Signature .....

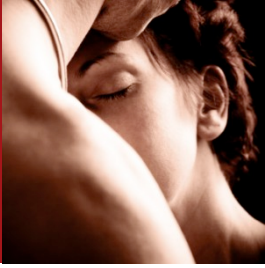
Billing address zip code ..... total \$: .....

**Send payment in full or deposit \$100 per person to:** Nourishing Arts 3741 East Shangri La Road Phoenix, AZ 85028

**Make checks payable to Nourishing Arts.** Registration is limited and subject to confirmation. Specific location and all the information you will need to attend will be given upon registration.

**CANCELLATION POLICY:** You must notify us 10 days before the event. There is a \$100 fee for office expenses. Within 10 days, it is \$250 non-refundable. \$100 nonrefundable when you notify us more than 10 days before the event. Within 10 days it is \$250.

**FOR MORE INFORMATION OR To Register Online:** [www.amaracharles.com](http://www.amaracharles.com) AMARA CHARLES 602.820•4661  
[amara@amaracharles.com](mailto:amara@amaracharles.com)



# Discover Your Erotic Nature

## D Y E N

Sex and Intimacy Retreat  
July 21-24, Sedona

### **D Y E N Intimacy Retreat**

Featuring a blend of Taoist White Tigress and Shamanic sex and intimacy experiences to enhance your relationships. Our retreat is in the beautiful 25 acre sanctuary of Grace Grove outside Sedona Arizona. Surrounded by Oak Creek, with plenty of shade in the orchards, vineyards and gardens, gorgeous scenic vistas and easy walking trails, there are many magical spaces where you will be learning to bring the elements of nature into your intimate unions. Afternoons will be for sharing teachings, great food, and rest. Our evening gatherings will be full of inspiring guided exercises, music, and plenty of time for intimate connection. Inspired by the teachings and group experiences, you will have time to discover your erotic, sensuous nature and to express your intimate desires with your partner.

### **What the DYEN Retreat Will Include:**

- **Discovering Your Unique Erotic Type.** You will discover what kind of lover you are, and what kind of pleasure really works for YOU (and your lover).
- **Teachings and Experiencing Yin - Yang Sexual Harmony.** Learn ways to balance your Feminine (yin) with your Masculine (yang) energy so you can both give and receive in beauty.
- **Adventures in Nature to Enhance Your Intimate Pleasure.** Celebrate the elements of Creation- the Water, Wind, Earth and Fire to greatly enhance your erotic feelings of connection.
- **Sexual Exercises for Health and Longevity** from the White Tigress Taoist Tradition. These easy exercises will not only boost your vitality, they will inspire you to enjoy intense intimate pleasure.
- **Time to Relax.** I know that one of the biggest obstacles to enjoying the quality of intimacy you desire is time. Well, if you're looking for the right time, this retreat is for you.

### **YOUR FACILITATORS**



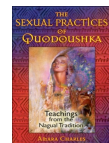
**AMARA CHARLES Keeps the Fire** has been an apprentice of the Sweet Medicine SunDance Path of Turtle Island since 1987. She has traveled teaching Quodoushka and White Tigress Taoist Sexuality workshops internationally for over twenty years. Helping men and women reconnect with beauty and passion, Amara is the author of *The Sexual Practices of Quodoushka*, *Sexual Agreements* and *Aching to Open*.



**SHYENA VENICE Golden Eagle** is an intuitive spiritual counselor and teacher. Master Bodyworker and gifted musician, her teachings are based on 20 years of practice in the ancient White Tigress Taoist and Shamanic traditions of spiritual sexuality. She is also the Musical Director of *Touch for Two* and CEO of SYLK, the Natural Premium Lubricant for women.

**LEELA SULLIVAN Star Lion** a gifted spiritual sexuality mentor will also be assisting at the D Y E N Retreat.

Amara Charles is the author of ***The Sexual Practices of Quodoushka*** now available on Amazon.com and AmaraCharles.com



**PLAN TO ATTEND NOW AND SAVE.** Food and Lodging Included. Costs on Back Page. Send full payment or \$150 deposit to: Nourishing Arts | 3741 East Shangri La Rd | Phoenix, AZ 85028. Online: [www.AmaraCharles.com](http://www.AmaraCharles.com)

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